

## **POST OPERATIVE INSTRUCTIONS FOR WART PROCEDURES**

1. A surgical treatment or procedure has been performed on the area. A certain amount of discomfort, drainage and swelling is to be expected. You may choose to limit activity and elevate/ice the involved extremity immediately after the procedure.
2. Beginning tonight/tomorrow, remove the dressing and soak your foot in warm water with Epsom salts (1 Tbs salt per gallon of water) for 10 minutes. Apply a new bandage / fabric band-aid with the prescribed/recommended ointment /cream. You may choose to soak the bandage off your foot if it is uncomfortable to remove. Repeat this soak once / twice daily as directed.
3. Remove the bandage/band-aid before shower/bathing and apply a new bandage with the prescribed/recommended cream/ointment.
4. There are no restrictions on shoe gear unless instructed otherwise.\*\* You may wear any shoe to tolerance. When walking or wearing a sock and shoe, keep the band-aid/bandage intact. When you are at home and sedentary, you may leave the area open to the air without a protective bandage. This will help the area dry out.
5. If redness, swelling and discomfort increases after 48 hours or if you see infectious drainage, call the office immediately.
6. The area may remain numb for 24 to 48 hours, this is normal.
7. Your next appointment should be within 1 to 2 weeks for follow up.

\*\*Replace or disinfect shoe gear with anti-viral (Lysol) solution/spray and/or launder. If disinfecting shoe gear, allow 48 hours for the chemicals to work and the shoe to dry before wearing.